

SAGE AND NANGNAK BABAN MURRUP CARE



Welcome to Mercy Hospital for Women's Maternity Group Practice (MGP) and SAGE (Substance Advice, Guidance and Education) model of shared care.

The MGP part of your care means you will be allocated a primary midwife who will care for you throughout your pregnancy, labour and birth and after you have had your baby.

Your primary midwife is _____ mobile _____

Your primary midwife works in a team of midwives and has a direct back up/partner midwife.

Your back up midwife is _____ mobile _____

Contacting your Midwife

Your primary midwife should be contacted for any concerns (see over for examples).

- If you need to change an appointment, ask about test results or have a general question please call your midwife between 8am and 5pm.
- Wherever possible, please call your midwife rather than sending a text.
 - Texts will not be seen when your midwife's phone is diverted. This might happen if for example if your midwife is on leave or it is outside the working hours above.

Aboriginal Hospital Liaison Officer's (AHLO's)

AHLO's provide culturally appropriate support and advocacy to Aboriginal and Torres Strait Islander patients and families across all hospital services.

You can access AHLO's by talking to the people providing your care or by contacting the AHLO's directly:

- Phone: (03) 8458 4393 or (03) 8458 4392
- Email: aboriginal-programs@mercy.com.au



SAGE Clinic

The SAGE team care for pregnant women who have current or historical substance use. This can include drugs, alcohol or prescription medication. Our team provide holistic, supportive and judgement free care. Our team includes midwives, doctors, mental health specialists and social workers, to provide you with the best possible support during pregnancy.

The SAGE midwives, can be contacted from Monday – Friday (8am-4pm) and will send you text reminders each week, regarding any upcoming appointments.

SAGE midwives

- Phone: 0490 667 540

Common concerns or reasons for contacting your midwife

Please call your midwife at any time if you:

- are concerned about your baby's movements (see handout)
- have any vaginal bleeding
- break your waters
- think you are in labour
- become unwell or experience new symptoms that you are worried about.

If you have an emergency, please call 000



For more information

If you have any questions or need further advice, please contact:

Maternity Group Practice

Your primary or back up midwife (see page 1)

Email: mgpenquiries@mercy.com.au

Ph: (03) 8458 4219

In the event of an emergency, please dial **000** for an ambulance or go to your nearest Mercy Health or other hospital emergency department.