

Your important health information

Hiring an electric breast pump, Mercy Hospital for Women

During your Mercy Hospital for Women stay, hospital grade Ardo Carum and Medela Symphony electric breast pumps are available for you to use if needed.

There are many reasons why you may want to hire a breast pump including:

- You have a premature or sick baby in the Neonatal Nursery
- Your baby is not feeding from the breast
- You have a low milk supply
- You need a rest from breastfeeding due to sore nipples, breast infection or other reasons

You can **find more information** about expressing in your Mercy Breastfeeding guide, as well as on our website.



Mercy Health patient information sheets

https://health-services.mercyhealth.com.au/patient-information-sheets/

After your discharge from hospital, breast pumps can be hired from the following places:

Website and contact details	Pumps available
Australian Breastfeeding Association - 1800 686 268	Medela Symphony
https://breastfeeding.asn.au/hire-breast-pump	and Ardo Carum
Grace Pharmacy - 9458 1111 - 110 Burgundy St, Heidelberg	Medela Symphony
My Breast Pump - 1300 726 666	Medela Symphony
https://mybreastpump.com.au/	and Ardo Carum
Hire for Baby - 1300 363 755 - https://www.hireforbaby.com/	Medela Symphony
Express @ Home - 0433 953 434 https://expressathome.com.au/	Medela Symphony

Breast pumps for purchase in the community

There are a wide range of personal electric breast pump options available for purchase from shops (including pharmacies, department and baby stores) and online.

The type of breast pump that is best for you depends on why and when you will use it.

For more information, contact your Nurse, Midwife or Lactation Consultant.

Hospital grade breast pumps are usually recommended if you are expressing frequently or if baby is not feeding at the breast.

Hiring an electric breast pump If your baby is a patient in the Neonatal Nursery.

You can hire a Medela Symphony directly from the Reception Desk in the Neonatal Nursery, Level 2 Please present to the level 2 Neonatal Services reception desk to complete Breast Pump Hire forms and cashiers slip for hire and/or pump parts. You can pay for items at the cashier's desk on level 1. Once you have paid, bring the receipt to the level 2 Neonatal Services Reception desk to collect your items.

Pump hire

- Deposit \$150 (\$50 for parents with a Health Care Card/ pension card).
- Weekly hire- \$10 per week.

Pump kits

• \$30 for one kit (you will need two for expressing both breasts at the same time).

Pump kits are available to purchase in 21mm 24mm and 27mm sizes.

You will need to measure your nipple with the measuring chart provided in your welcome pack and purchase the pump kit the with correct breast shield size.

If you need help with choosing the correct size please ask the bedside nurse or ask to speak to the Lactation Consultant.

These kits are for ongoing usage, different to the to the disposable kit you may have used in the past. You can use this kit at home with your hired pump and also bring it to hospital when you visit.

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<u>Other</u>

- Medela Personal Fit breast shield, sizes 21, 27, 30 and 36mm \$15.
- Medela Nipple Shields (sizes small/16mm, medium/20mm and large/24mm) \$10 for 2 shields.

Pumping in the nursery

There are Medela Symphony pumps available to use whilst you are spending time with your baby, either beside your baby's bed or for more privacy, you can use the Expressing Room located in the Parents Hub.

Further Information

If you have any questions regarding this information, please contact:

Mercy Hospital for Women

Breastfeeding Support Service

Phone: 03 8458 4677

Australian Breastfeeding Association Helpline

Phone:1800 686 2 68 (24hr/7days)

Maternal & Child Health Helpline

Phone:13 22 29 (24hr/7days)

Acknowledgements

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