

Your important health information

24-hour pad weight test

The aim of a 24-hour pad test is to measure your urine loss over a period of time.

How to do a 24-hour pad test

- You have been given a plastic bag containing three pre-weighed pads.
- Start with one of the clean pads you have been given.
- Wear one of the pads at all times over the next 24-hour period.
- Go about your normal daily activities, as usual.
- When you change one of the pads put it into the airtight bag and seal the bag tightly, including the pad's wrapping.
- If you need to use extra pads please bring a clean one in to your appointment so it can be weighed.
- Bring the bag of used pads in to your appointment.
- The pads will be reweighed when they are returned.

Further Information

If you have any questions regarding this information, please contact:

Mercy Hospital for Women

Urogynaecology Unit MHW
Phone: 03 8458 4890

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