

Your important health information

Falls prevention: neonatal services

We don't want you to fall and injure yourself or your baby.

To help keep you and your baby safe, please follow these instructions:



- Ask staff to take your baby from the incubator for you to cuddle or feed. Once finished please ask the staff to return your baby to the incubator.
- Take your time. Let staff know if you feel dizzy or unsteady on your feet.
- Wear safe footwear:
 - only walk around in non-slip shoes.
- Familiarise yourself with your baby's cot space.
- Keep the space around your baby's cot clear.
- Place your baby on their back in their cot.
- Put your baby in their cot if you are sleepy or tired, baby can fall from your arms.
- Never leave your baby alone on a surface from which they may fall e.g. bath area.
- Please do not carry your baby around the unit. Please place your baby in the cot.
- Be aware of the floor cleaning signs in the unit and avoid the wet areas:
 - let staff know if there has been a spill.

Further Information

If you have any questions regarding this information, please contact:

Neonatal Services

Mercy Hospital for Women Phone: 03 8458 4730

Werribee Mercy Hospital Phone: 03 8754 3438

Acknowledgements

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