
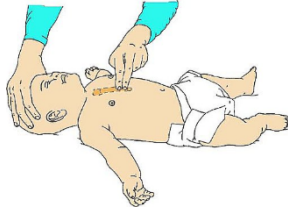




BASIC LIFE SUPPORT FOR BABIES



Mercy Health
Care first

D	Check for danger to you or your baby such as cables, toys on floor
R	Response - tap their foot and speak to them
S	If no response send for help! Ring 000 or 112 and ask for ambulance
A	Clear airway - place baby on their back, gently remove anything from mouth and/or nose with your finger. Place baby on their side if there are a lot of secretions (mucous or vomit)
B	<p>Is baby breathing? Look, listen and feel for rise and fall of the chest for no longer than 10 seconds</p> <p>If Yes - place baby in this recovery position on their side</p> <p>If No - place baby on their back on a flat hard surface such as the floor. and commence CPR</p> 
C	<p>Circulation - place 2 fingers halfway between the baby's nipple and belly button. Press fingers down about one third of the depth of the chest 30 times (compressions)</p>   <p>Place baby's head in neutral position, do not tilt</p>  <p>Put your mouth over their nose and mouth. Give 2 breaths while watching for rise and fall of their chest</p> <p>Continue with 2 breaths to 30 compressions until baby starts to breathe or help arrives</p>



For more information

If you have any questions or need further advice, please call us:

Department: Special Care Nursery

Mercy Hospital for Women

- Phone: 03 8458 4723

Werribee Mercy Hospital

- Phone: 03 8754 3400

In the event of an emergency, please dial **000** for an ambulance or go to your nearest Mercy Health or other hospital emergency department.