

Your important health information

Advice after your epidural or spinal

You have had an epidural and/or a spinal anaesthetic to manage your pain or help with your surgery. While problems can be serious they are very rare and can be treated if found early.

Please phone us or come to the Emergency Department if you feel any of the following:

- Pain, heat, swelling or ooze at the spot you received the epidural or spinal. It may stay the same or get worse and may or may not travel to the buttocks.
- Weakness, numbness or pins and needles in the legs or buttocks.
- High temperature for unknown reason.
- Loss of bladder or bowel control.

And/or if you experience a headache that:

- starts about two days after the epidural or spinal and is there all the time
- does not go away when you take mild pain relief, fluids and rest
- gets worse when you sit or stand up and feels better when you lie down
- can come with neck stiffness or hearing changes such as ringing or blocked ears.

If you have any of the above please call us on

Mercy Hospital for Women, Heidelberg

Phone: 03 8458 4444.

Ask for the Emergency Anaesthetic
Doctor on extension 4118.

They are available 24 hours a day.

Werribee Mercy Hospital

Please call

Phone: 03 8754 6325

24 hours a day 7 days a week

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