



Mercy Health  
Care first

# Are you worried?

Are you feeling worse? Has there been a change in your condition or that of someone else?

**If yes... REACH out to us.**

Follow the steps below for our help.

STEP

**1**

Speak to your nurse, midwife or doctor about your concerns

STEP

**2**

If you are not happy with the response from step 1 or you are still worried, do not wait! Ask to speak to the nurse or midwife in charge

STEP

**3**

If this doesn't help and you are still worried, please call the **REACH** helpline



(03) 8416 7800